



A note from the director of Firm-n-Fold

To all our valued customer's, past and present and future!

I started out making massage tables in my humble shed around 25 years ago, at Palm Beach in Sydney, Australia. Since then I have seen a huge amount of change in the massage & natural therapy industry, both in Australia and around the world, and a huge change in the quality and standards of products. The industry has, and is moving forward in leaps and bounds. With that progress comes change, some good and some not so good. Some companies are importing low quality, low priced products from Asia and selling with no customer satisfaction guarantees. So we urge you to be careful when choosing your massage equipment. We do not sell poor quality products and we offer a lifetime structural warranty on most tables. We urge you to shop around and compare, confident that once you consider both quality and price, you'll purchase a Firm-n-Fold table.

Natural therapies is a way of life for our company, not just a business.

All our production and office staff receive a weekly massage as part of the work ethic at Firm-n-Fold. My staff really looks forward to the end of the week, so they can have a massage! We truly value, and try to look after our staff and in turn they really try to look after our customer's.

Customer satisfaction is our goal. Visit our showrooms in Brisbane, Melbourne, Sydney or the Gold Coast or call 1800 640 524 to find a distributor near you. Otherwise visit our website at www.messagequip.com, we have over 300 products and you can get prices and purchase online. You will be pleasantly surprised at the quality and price!

Firm-n-Fold tables carry a full lifetime structural warranty, your assurance that we expect them to stand up to the rigours of a busy practice. Materials and methods of construction have been carefully researched to ensure we produce the highest quality products for you.

Rob Crisfield



just relax...

on a Firm-n-Fold table, the teacher's and professional's choice

Our products have been put to the test from the people who really know how to judge a table; massage teachers and professional practitioners. Firm-n-Fold is proud of it's standing among these real professionals!

"Massage tables have come a long way in the years that I have been teaching massage and Firm-n-Fold tables are at the forefront of that change."

Ian White, Teacher Course Co-ordinator, Australian School of Therapeutic Massage, Melbourne.

"At our clinic we need a table that won't crack, squeak, groan, stick, or in any way give us cause for grief. We insist on friendly, accessible and honest service. I can unequivocally endorse Firm-n-Fold as superior to their competition on this basis."

Chris Masuak, Lane Cove Apothecary, Traditional Medicine, Bodyworker and lecturer at Nature Care College, Sydney.

"My Firm-n-Fold table travels with me around Australia and overseas as I work with sports professionals from the Association of Tennis Professionals, Iron Man competitions and the Association of Surfing Professionals. With up to six set ups a day, I appreciate a table which is so easy to handle and my clients often remark on it's comfort. It's great!"

Peter Slocock, Masseur.

'I have been recommending Firm-n-fold tables for at least 20 years! No massage table maker has come up to the standard and quality of Firm-n-Fold. These guys have their heart in making good practical massage tables at reasonable prices. If you want a good table, buy a Firm-n-Fold.'

Chris Catsanis, verteran Massage Therapist & Senior Lecturer at Nature Care for over 33 years.

"Total professionalism is the hallmark of my work and my choice of massage table is central to this philisophy. My Firm-n-Fold table is the best I can buy, for my own comfort and the comfort of my clients. It's easy to erect, light to carry and very stable. I practice a variety of massage and the table adjusts to suit my needs. It's a great table!"

Mark Perrin-Jones, Cert. Massage Dip. App. Sc.(REM. TH)

"My Firm-n-Fold massage table is the best table I have used in my 22 years as a Remedial Massage Therapist and massage lecturer at the Southern School of Natutal Therapies. I upgraded my table after 15 years of intensive labour and it paid for itself a thousand times over."

Astrid Diercks Dip. Rem. Massage, Manual Lymphatic Drainage & Reflexzone Therapy & Massage Guru.