

PORTABLE TABLE SELECTION GUIDE

1. Select Style	2. Select Leg Frame	3. Select Model	4. Select Width	5. Select Cushioning	6. Select Upholstery
<input type="checkbox"/> Massage Table	<input type="checkbox"/> Fixed	<input type="checkbox"/> Ultralite <input type="checkbox"/> Featherlite	<input type="checkbox"/> Slim <input type="checkbox"/> Standard	<input type="checkbox"/> Std Double Layer <input type="checkbox"/> Triple Layer (optional extra)	Black* White Navy* Seamist*
	<input type="checkbox"/> Adjustable	<input type="checkbox"/> Ultralite <input type="checkbox"/> Featherlite <input type="checkbox"/> Body Contour (slim only)	<input type="checkbox"/> Slim <input type="checkbox"/> Standard <input type="checkbox"/> Wide		
<input type="checkbox"/> Treatment Table	<input type="checkbox"/> Fixed	<input type="checkbox"/> Ultralite	<input type="checkbox"/> Slim <input type="checkbox"/> Standard	<input type="checkbox"/> Std Double Layer <input type="checkbox"/> Triple Layer (optional extra)	Teal* Jade* Purple* Sand*
	<input type="checkbox"/> Adjustable	<input type="checkbox"/> Ultralite <input type="checkbox"/> Body Contour (slim only)	<input type="checkbox"/> Slim <input type="checkbox"/> Standard <input type="checkbox"/> Wide		

Firm-n-Fold reserves the right to change design or specification without notice and without incurring obligation of any kind.

* colours available in extra heavy duty vinyl.

CALCULATING CORRECT TABLE HEIGHT

Stand with legs shoulder width apart and arms hanging loosely to your sides. Make a fist with your hands and the distance from the floor to your knuckles is the recommended height for relaxation massage. Correct table height is based on your arm and leg length, not overall body height.

CHOOSING TABLE WIDTH

The standard width table is by far the most popular in our range and suits most therapies. It is ideal for both remedial and relaxation massage. Chiropractors and osteopaths sometimes prefer the slim line table and the wide table is suitable for certain therapies such as acupuncture and is also popular with bower therapists. Only practitioners with a long reach should consider the wide table, as the extra reach will place greater strain on the lower back. The body contour gives you the best of both worlds by simply adding the side wings for extra width when you need it.

Distributor:



Head Office & Manufacturing : Gold Coast
 1/28 Junction Road, Burleigh Heads QLD 4220
 Ph. +61 (0)7 5522 1612 Fax. +61 (0)7 5522 1616

Massageequip & Yogastore : Brisbane
 282-286 Water Street, Spring Hill QLD 4006
 Ph. 07 3852 2585 Fax. 07 3852 2585

Massageequip & Yogastore : Melbourne
 440 Smith Street, Collingwood VIC 3066
 Ph. 03 9416 3998 Fax. 03 9416 2016

Massageequip & Yogastore : Sydney
 31 Glebe Point Road, Glebe NSW 2037
 Ph. 02 9571 7655 Fax. 02 9571 7049